



## Regional Competition - Cottonwood High School

January 19, 2019

Tentative Schedule

Please check the USA website [usa.varsity.com](http://usa.varsity.com) on the Wednesday before the competition after 5:00 p.m. (PST), for a final schedule.

**Due to the size of the event, awards will be announced throughout the day as tabulation of divisions are completed.**

### JR CHEER LEVEL 1

8:30 Macs Riot

### MINI CHEER LEVEL 1 - D2

8:40 WCE Flash

8:50 Flipside All Stars Fever

9:00 The Hive Cheer Lil Honeys

### MINI CHEER LEVEL 1

9:10 Macs Mini Starz

9:20 Utah Xtreme Cheer Mini Sparkle

9:30 Macs Pistols

### YOUTH CHEER LEVEL 1 - D2

9:40 WCE Lightning Bolts

9:50 Dynasty Athletics

10:00

The Hive Cheer Hornets

### YOUTH CHEER LEVEL 1

10:10 Raglan Coast Cheer

10:20 Macs Galaxy

### JR CHEER LEVEL 3 - Medium

8:35 Macs Cosmic Girlz

### JR CHEER LEVEL 3 - Small

8:45 Utah Xtreme Cheer Jade

8:55 Exceleation Eclipse

9:05 Macs Outlaws

9:15 Raglan Coast Cheer

### YOUTH CHEER LEVEL 2 - D2

9:25 Lightbox Ignite

9:35 Dynasty Athletics

9:45 Flipside All Stars Future

### YOUTH CHEER LEVEL 2

9:55 Macs Starlightz

10:05 Raglan Coast Cheer

10:15 Exceleation Heartbreakers

10:25 Macs Bullets

**BREAK**

### SR CHEER LEVEL 1

11:10 Macs White Diamondz

### JR CHEER LEVEL 2 - D2

11:20 All-American Tumbling & Dance Ignite

11:30 WCE White Lightning

11:40 Rocky Mountain Tumble and Cheer Lightning

11:50 Impact Athletics Evolution

12:00 Cheerkats Thunderkats

12:10 The Hive Cheer Bee Witched

12:20 Magic Valley Elite Bombshells

### TINY NOVICE CHEER

12:30 WCE LIL Sparks

12:40 Raglan Coast Cheer

### MINI PREP LEVEL 1.1

12:50 Raglan Coast Cheer

### CheerAbilities

1:00 Cobalt All Stars Gold

### JR CHEER LEVEL 3 - D2

11:15 Lightbox Illuminate

11:25 Dynasty Athletics

11:35 The Hive Cheer Queen Bees

### SR CHEER LEVEL 3 - D2

11:45 Magic Valley Elite Xplosion

11:55 Flipside All Stars Fierce

### SR CHEER LEVEL 3

12:05 Utah Xtreme Cheer Lady Diamonds

12:15 Cheer Force

12:25 Exceleation Edge

12:35 Raglan Coast Cheer

12:45 Macs Pink Ladyz

### YOUTH CHEER LEVEL 3 - D2

12:55 Cobalt All Stars Elements

1:05 Flipside All Stars Fearless

**BREAK**

Over

**MINI CHEER LEVEL 2**

2:00 Dynasty Athletics  
 2:10 Exceleation Mighty Minis

2:20 Cobalt All Stars Xenon

**JR CHEER LEVEL 2**

2:30 Macs Solar Sisters

2:40 Exceleation Shine

2:50 Raglan Coast Cheer

3:00 Macs Prada

3:10 Utah Xtreme Cheer Junior Gold

**YOUTH PREP LEVEL 1.1**

3:20 Empact Athletics Premier

3:30 JEM All-Stars

3:40 Magic Valley Elite Dynamite

3:50 Peak Cheer University Red Hots

**YOUTH CHEER LEVEL 3**

2:05 Macs Invaderz

2:15 Raglan Coast Cheer

**SR CHEER LEVEL 4**

2:25 Macs Wicked

2:35 Exceleation Limitless

**INTERNATIONAL OPEN CO-ED LEVEL 4**

2:45 Utah Xtreme Cheer Black Diamonds

**JR CHEER LEVEL 4 - D2**

2:55 Dynasty Athletics

3:05 Cheerkats Golden Girls

3:15 Lightbox Inspire

**JR CHEER LEVEL 4**

3:25 Exceleation Fierce 4

3:35 Raglan Coast Cheer

3:45 Macs Renegades

**BREAK****SR CHEER LEVEL 2 - D2 Small**

4:30 WCE Lightning Storm

4:40 Rocky Mountain Tumble and Cheer Storm

4:50 Cheerkats Poison

5:00 Cobalt All Stars Titanium

5:10 Magic Valley Elite Detonate

**SR CHEER LEVEL 2 - D2 Medium**

5:20 The Hive Cheer Killer Bees

5:30 Flipside All Stars Fury

**SR CHEER LEVEL 2**

5:40 Utah Xtreme Cheer Onyx

5:50 Exceleation Royals

**JR PREP LEVEL 1.1**

6:00 Raglan Coast Cheer

**SR CO-ED CHEER LEVEL 4**

4:35 The Hive Cheer Yellow Jackets

4:45 Macs Royals

**YOUTH CHEER LEVEL 4**

4:55 Cheerkats Spice Girls

**JR RESTRICTED LEVEL 5**

5:05 Macs Storm Troopers

**SR RESTRICTED LEVEL 5**

5:15 Dynasty Athletics

5:25 Utah Xtreme Cheer Obsidian

5:35 Raglan Coast Cheer

**SR CHEER LEVEL 5**

5:45 Macs Lady O

**SR CO-ED CHEER LEVEL 5**

5:55 Macs Senior Starz

**JR PREP LEVEL 3.2**

6:05 Peak Cheer University Lady Lightning

**BREAK**



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January 19, 2019

Doors will open at 7:45AM. All teams should report to the registration table no later than 45 minutes prior to the beginning of the division in which they are competing. Two free passes will be allotted to each group for directors/coaches at registration. Additional spectator or team alternates wristbands may be purchased on site for \$8.00 – cash only. Exact change will be appreciated. Children age five and under are admitted free of charge. Admission may be pre-purchased for spectators by going to the following website - <https://www.eventbrite.com/e/usa-cottonwood-regional-sat-jan-19-tickets-49946914566>. For pre-purchased admission wristbands upon arrival, proceed to general admission and show proof of purchase at the expedited "TicketRoar/Pre-Purchase" designated line. You will receive a wristband which will allow you to enter the event. Pre-purchased admission cannot be used without receiving a wristband first. Note that the pre-purchase opportunity closes prior to the event.

**Every all star performer (cheer and dance) must be a current registered member of the USASF.** Each team is required to turn in their official USASF team roster from the USASF website at registration on the day of the USA competition. Only USASF credentialed coaches are permitted in the warm-up area with teams. USASF credentialed coach identification must be available for each individual wishing to enter the warm-up area. Go to [www.usaf.net](http://www.usaf.net) for more information or contact your USASF Regional Director with questions regarding this 2018-19 USASF policy.

First aid staff will be on site to provide assistance for emergencies only. Taping of wrists/ankles for individual performers will not be available. Any participant who has a suspected concussion/head injury will not be allowed to return to participation the day of the incident, per Varsity Spirit corporate policy.

**There will be no seat saving permitted.** All seats are on a first-come, first-serve basis. As a reminder, the USA and/or host facility will not be responsible for lost/stolen items at the competition. Please encourage team members to leave valuables, bags etc. in their vehicles. **Do not leave bags unattended.** For security reasons all competitors must stay in possession of their bags at all times. We will not permit bags in the facility to save seats. All bags (spectators/performers) are subject to search.

Competition will begin at 8:30 AM. Please refer to the enclosed tentative performance schedule. Please check the USA website ([usa.varsity.com](http://usa.varsity.com)) on the Wednesday before the competition after 5:00 p.m. (PST), for a final schedule. A final schedule will also be available at the registration table on the day of the event. All teams must be ready to perform 15 minutes prior to their scheduled time. In order to avoid a possible penalty, any changes must be received in the USA office in writing by 5:00 p.m. (PST) the Friday one week prior to your competition date. **No changes will be allowed on the day of the event.**

There will be assigned warm-up/practice time offered for each team. Teams must report to the warm-up area at the time designated on the "Warm-Up" schedule. Teams will not be permitted to enter the warm-up area earlier than their assigned check-in time. All cheer teams will have the opportunity to practice/warm-up on a carpet bonded foam mat measuring at least 30' x 42'. A spring tumbling strip will be provided for all star cheer team warm-up. All Star cheer teams will perform on a spring floor measuring 54' x 42'. Ceiling height of the performance area is 80'.

**MUSIC RULES:** Music guidelines are being followed at all USA and Varsity Brands events. Competition music must be properly licensed and a team must provide a printed copy of proof of licensing at team registration. If a team cannot provide proof of licensing immediately upon request, the team may be disqualified from the event. For further details visit [www.varsity.com/music](http://www.varsity.com/music).

OVER

A sound system will be provided. Speed control is not available. Music checks on the main sound system are not permitted. A representative must be present at the sound system at the time of performance. Advisors/coaches are asked to hold onto their own music until the time of performance and to take music back following the performance. All teams must provide their own MP3 device (or smart phone) for use on the event provided sound system. Music must be recorded at the correct tempo. Although it is not recommended due to interference that may be caused during a routine, a smart phone may be used for playing music. No cover may be on any MP3 player or smart phone so that a patch cord may be easily inserted into the device. Please ensure that jacks are clean and free of any debris which may impact connectivity. You must ensure that your device has a jack into which a patch cord may be inserted. Note that you may need to acquire an adapter in advance if your player does not have a head phone jack. New – Ability to play routine from a CD **will not** be available.

All Star teams, please note the 2018-19 USASF General Safety and Level Rules for All Star Teams posted at [usasf.net](http://usasf.net). Remember that 0.25-1.0 point will be deducted from the final team average of each occurrence of an illegal procedure. Performance error deductions will be assessed.

Scoresheets will be distributed to all teams at the conclusion of the competition. Only an authorized team advisor/coach who is designated at team registration may pick these up. A photo I.D. will be required for scoresheet pick up. Recaps may be requested via the USA website ([usa.varsity.com](http://usa.varsity.com)) following the competition.

Video Taping Policy - For safety and security we respectfully request that videotaping be limited to performances of your school/organization only. Tri-pods for cameras and/or cameras with a specialized lens attachment may not be used. Again, videotaping is permitted, but only of the routine(s) that are being performed by your participant's team. Livestreaming of the event is not permitted.

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