

## **Varsity All Star Dance Category Descriptions**

### **JAZZ**

A jazz routine encompasses traditional or stylized hard hitting, crisp and/or aggressive approach to movement and can include moments of softness while complementing musicality. Emphasis is placed on body alignment, extension, control, uniformity, communication and technical skills.

### **POM**

A pom routine incorporates the following characteristics: clean, sharp, strong, precise motions; synchronization; visual effects. It may also include Pom Skills (i.e. pom passes, kick lines, leaps and turns, jumps, etc.). Poms must be used 80% of the routine. Males are not required to utilize poms.

### **HIP HOP**

A hip hop routine incorporates street style movements with emphasis on the following: body isolations and control, rhythm, style, creativity, execution, uniformity and musicality.

### **CONTEMPORARY/LYRICAL**

A contemporary or lyrical routine can incorporate the following approaches to movement: organic, pedestrian, traditional modern, and/or traditional ballet. Movement complements the lyric and/or rhythmic value of the music. Emphasis is placed on sustained, expressive movement, control, contraction/release, use of breath, body placement, uniformity, communication and technical skills.

### **VARIETY**

A variety routine must include a blend of at least two or more styles throughout the routine. (Jazz, Pom, Hip Hop, Contemporary/Lyrical and/or Kick) All styles will compete together in this category.

### **KICK**

A kick routine emphasizes control, height uniformity, extension, toe points, timing and creativity of a variety of kick series and patterns. A kick is defined as one foot remaining on the floor while the other foot lifts with force. Kicks and kick series must comprise 80% of the routine.

# Varsity All Star Jazz/Kick Category Score Sheet Criteria

## GROUP EXECUTION

Overall Impression – Genuine projection, confidence, and eye contact. Dancers must display expression and emotion to convey and maintain mood of intended style/story/concept.

Appropriateness of music, costume and choreography. Reflects overall audience appeal and personal impression of each judge.

Uniformity – Consistent unison and timing/rhythm by the group as a whole. Clarity and accuracy demonstrated by the team throughout all movement, in both choreography and skills.

Spacing – The ability of dancers to gauge and position themselves correct distances between each other in and throughout all formations and transitions.

Execution of Technical Elements – The demonstration of proper execution of skills including, but not limited to, leaps, turns, lifts, etc. For the Kick division, this will include the proper execution of battements.

Movement Technique – The dancers' ability to exhibit the presented style effectively and continually throughout the routine. This includes the overall ease and execution in the strength of movement, as well as the dancers' superior musicality, motion control and precision. This includes the accuracy of body placement, alignment, extension and posturing.

## CHOREOGRAPHY

Creativity & Originality – Originality of routine, new concepts and movement, incorporation of a variety of movement within the chosen style(s) that supports the flow of the routine and complements the music. Visual effects that are developed through use of creative floor work, group/partner work, level changes and opposition.

Routine Staging – The seamless incorporation of unique and challenging formations and transitions. Transitions create a natural flow within the routine and across the performance space.

Difficulty – The difficulty of the routine (does not reflect execution). Overall level, pace and intricacy of movement within each style such as footwork, direction changes and technical elements. Effective incorporation of challenging elements while utilizing the appropriate ability level of the team. The choreographic choice of mastered movement and technical elements, as well as utilizing a majority of the team to execute difficult movement and/or skills is also considered. Feature and/or soloist moments enhance the routine without dominating it.

# Varsity All Star Pom Category Score Sheet Criteria

## GROUP EXECUTION

Overall Impression – Genuine projection, energy, and eye contact. Dancers must display confident, authentic expression to convey the intended message and/or concept.

Appropriateness of music, costume and choreography. Reflects overall audience appeal and personal impression of each judge.

Uniformity – Consistent unison and timing/rhythm by the group as a whole. Uniformity and precision demonstrated by the team in both choreography and skills.

Spacing – The ability of dancers to gauge and position themselves correct distances between each other in and throughout all formations and transitions.

Execution of Technical Elements – The demonstration of proper execution of technical skills and elements including, but not limited to, pom passes, kick lines, jumps, leaps, turns, etc.

Movement Technique – The dancers' ability to exhibit the presented style effectively and continually throughout the routine. This includes the overall strength and sharpness of pom motions and movement, as well as the dancers' superior musicality, motion control and precision. This includes the accuracy of pom work and body placement.

## CHOREOGRAPHY

Creativity & Originality – Originality of routine, new concepts and visuals, incorporation of a variety of pom motions that supports the flow of the routine and complements the music. Creative and unpredictable visual effects that are developed through use of creative floor work, group/partner work, level changes, variety of pom motions and opposition.

Routine Staging – The seamless incorporation of unique and challenging formations and transitions. Transitions create a natural flow between formations and visuals within the routine and across the performance space.

Difficulty – The difficulty of the routine (does not reflect execution). Overall level, pace and intricacy of pom motions and movement such as footwork, direction changes and skills.

Effective incorporation of challenging elements while utilizing the appropriate ability level of the team. The choreographic choice of mastered movement and technical elements, as well as utilizing a majority of the team to execute difficult movement and/or skills is also considered. Feature and/or soloist moments enhance the routine without dominating it.

# Varsity All Star Hip Hop Category Score Sheet Criteria

## GROUP EXECUTION

Overall Impression – Genuine projection, energy, intensity and eye contact. Dancers must display confident, authentic expression to convey the intended message and/or style(s).

Appropriateness of music, costume and choreography. Reflects overall audience appeal and personal impression of each judge.

Uniformity – Consistent unison and timing/rhythm by the group as a whole. Uniformity of team movement within both choreography and skills. Commitment to the selected style(s) as a group.

Spacing – The ability of dancers to gauge and position themselves correct distances between each other in and throughout all formations and transitions.

Execution of Technical Elements – The demonstration of proper execution of style specific skills and elements, including the approach, release, balance and form.

Movement Technique – The dancers' ability to exhibit the presented style(s) effectively, continually and distinctly throughout the routine. This includes the overall quality of execution, approach and attack in the strength and intensity of movement, as well as the dancers' superior musicality, motion control, stabilization and momentum. The accurate demonstration of correct technique within the selected hip hop/street dance style(s).

## CHOREOGRAPHY

Creativity & Originality – Originality of routine, new concepts and movement, incorporation of a variety of movement within the selected style(s) that supports the flow of the routine and complements the music. Creative and unpredictable visual effects that are developed through use of interactive group/partner work, levels, group builds, illusions and/or opposition.

Routine Staging – The seamless incorporation of unique and challenging formations and transitions. Transitions create a natural flow between formation changes and visuals within the routine and across the performance space.

Difficulty – The difficulty of the routine (does not reflect execution). Overall level, pace and intricacy of movement within each style such as footwork, direction changes and technical elements. Effective incorporation of challenging elements while utilizing the appropriate ability level of the team. The choreographic choice of mastered movement and technical elements, as well as utilizing a majority of the team to execute difficult movement and/or skills is also considered. Feature and/or soloist moments enhance the routine without dominating it.

# Varsity All Star Contemporary/Lyrical Category

## Score Sheet Criteria

### GROUP EXECUTION

Overall Impression – Genuine projection, confidence and eye contact. Dancers must display authentic expression and emotion to convey and maintain mood of intended style/story/concept.

Appropriateness of music, costume and choreography. Reflects overall audience appeal and personal impression of each judge.

Uniformity – Consistent unison and timing/rhythm by the group as a whole. Uniformity of team movement within both choreography and skills. Commitment to the style as a group.

Spacing – The ability of dancers to gauge and position themselves correct distances between each other in and throughout all formations and transitions.

Execution of Technical Elements – The demonstration of proper execution of style specific skills and elements including, but not limited to, leaps, turns, lifts, partnering, etc.

Movement Technique – The dancers' ability to exhibit the presented style effectively and continually throughout the routine. This includes the overall ease and execution in the strength of movement, as well as the dancers' superior musicality, use of breath, motion control, extension, and precision. This includes the accuracy of body placement, alignment and posture within the style.

### CHOREOGRAPHY

Creativity & Originality – Originality of routine, artistic interpretation of theme, story or unique concepts that supports the flow of the routine and complements the music and/or lyrics.

Visual effects that are developed through use of creative floor work, interactive group/partner work, level changes and opposition.

Routine Staging – The seamless incorporation of unique and challenging formations and transitions. Transitions create a natural flow within the routine and across the performance space.

Difficulty – The difficulty of the routine (does not reflect execution). Overall level, pace and intricacy of movement within each style such as footwork, direction changes and technical elements. Effective incorporation of challenging elements while utilizing the appropriate ability level of the team. The choreographic choice of mastered movement and technical elements, as well as utilizing a majority of the team to execute difficult movement and/or skills is also considered. Feature and/or soloist moments enhance the routine without dominating it.

# Varsity All Star Variety Category Score Sheet Criteria

## GROUP EXECUTION

Overall Impression – Genuine projection, energy, and eye contact. Dancers must display confident, authentic expression to convey the intended message and/or concept.

Appropriateness of music, costume and choreography. Reflects overall audience appeal and personal impression of each judge.

Uniformity – Consistent unison and timing/rhythm by the group as a whole. Uniformity and precision of each style throughout team movement, in both choreography and skills.

Spacing – The ability of dancers to gauge and position themselves correct distances between each other in and throughout all formations and transitions.

Execution of Technical Elements – The demonstration of proper execution of style specific skills and elements including, but not limited to, leaps, turns, lifts, power moves, pom passes, etc.

Movement Technique – The dancers' ability to exhibit the presented styles effectively and distinctly throughout the routine. This includes the overall ease and execution in the strength of movement, superior musicality, motion control, and precision, including the accuracy of body placement within each style presented.

## CHOREOGRAPHY

Creativity & Originality – Originality of routine, new concepts and movement, incorporation of a variety of movement within each style that supports the flow of the routine and complements the music. Visual effects that are developed through use of creative floor work, group/partner work, level changes and opposition.

Routine Staging – The seamless incorporation of unique and challenging formations and transitions. Transitions create a natural flow from style to style within the routine and across the performance space.

Difficulty – The difficulty of the routine (does not reflect execution). Overall level, pace and intricacy of movement within each style such as footwork, direction changes and technical elements. Effective incorporation of challenging elements while utilizing the appropriate ability level of the team. The choreographic choice of mastered movement and technical elements, as well as utilizing a majority of the team to execute difficult movement and/or skills is also considered. Feature and/or soloist moments enhance the routine without dominating it.

# Varsity All Star Dance Category Score Sheet Criteria

## GROUP EXECUTION

Overall Impression – Genuine projection, energy, and eye contact. Dancers must display confident, authentic expression and emotion to convey and maintain mood of intended style/ story/concept. Appropriateness of music, costume and choreography. Reflects overall audience appeal and personal impression of each judge.

Uniformity – Consistent unison and timing/rhythm by the group as a whole. Uniformity and precision of style throughout team movement, in both choreography and skills.

Spacing – The ability of dancers to gauge and position themselves correct distances between each other in and throughout all formations and transitions.

Execution of Technical Elements – The demonstration of proper execution of style specific technical skills and elements including, but not limited to, leaps, turns, lifts, power moves, pom passes, etc.

Movement Technique – The dancers' ability to exhibit the presented style(s) effectively and continually throughout the routine. This includes the overall ease and execution in the strength of movement, as well as the dancers' superior musicality, motion control and precision. This includes the accuracy of body placement within the selected style(s).

## CHOREOGRAPHY

Creativity & Originality – Originality of routine, new concepts and movement, incorporation of a variety of movement within the style(s) that supports the flow of the routine and complements the music. Visual effects that are developed through use of creative floor work, group/partner work, level changes and opposition.

Routine Staging – The seamless incorporation of unique and challenging formations and transitions. Transitions create a natural flow within the routine and across the performance space.

Difficulty – The difficulty of the routine (does not reflect execution). Overall level, pace and intricacy of movement within each style such as footwork, direction changes and technical elements. Effective incorporation of challenging elements while utilizing the appropriate ability level of the team. The choreographic choice of mastered movement and technical elements, as well as utilizing a majority of the team to execute difficult movement and/or skills is also considered. Feature and/or soloist moments enhance the routine without dominating it.